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A NOTE FROM THE PUBLISHER

SUN-SATIONAL

As we welcome the month of July, it is the perfect time to take control of our summer narrative. The thermostat has a strong hold on us, but the cookouts, picnics, celebrations, and activities of the season bring all of those wonderful, unforgettable memories. With the balmy temperatures, long days, and school recess, summer is the best temptation for fun!!!



There is no time like summer when it comes to live music, unique festivals, culinary excursions, and good ole' family fun. Moreover, reviewit joins in the celebration of one of our favorite foods - the hot dog. It is a classic part of Americana. So, grab your dogs and toppings and follow our tips and do your "thang" with this popular summertime staple.

In this month's issue, reviewit presents historic moments in Houston's sports culture. Houston is home to seven professional major league teams with large sports venues, and reviewit shares all of those remarkable memories and sporting events. With a menagerie of artifacts and memorabilia, avid fans can find a connection to the games they love and the enthusiasm cannot be understood without an appreciation of its history. Read on!

Finally, our annual TOP LAWYERS Profiles are highlighted in this month's publication. These professional men and women possess a constellation of skills and legal services. With their dedication and talent, these masters of the law are compassionate, committed, and ready to be effective advocates for you! Most importantly, they live here! Give them a call.

Nothing says summer like feeling the wind rush past you, so let's enjoy the warm temperatures, exciting events and all the outdoor community fun! #summertime #sunnydays #fun #vacation

Until next time,

Monette witz

Monette Smith CEO & Publisher monette@prmarketingllc.com





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EDITORIAL

AYLA DEHGHANPOOR Editor-in-Chief
LINDA BAUER Travel Editor

BUSINESS OPERATIONS

DEBBY SANCHEZ Accounting Manager

MARI MOORE Office Manager

CHRISTA BARADAT Personal Marketing Assistant

SALES

TONYA BUTLER Senior Marketing Consultant

ART/PRODUCTION

GABBY ALEXANDER Graphic Designer

JAMIE BOES Graphic Designer

SARAH HARDIN Graphic Designer

SHARLA GRAYSON Advertising Customer
Service Coordinator

PHOTOGRAPHY

STEPHEN GUTIERREZ Photographer

JAMIE POGUE Photographer

BRIAN FISHER Society Photographer

SARAH BROWNING Society Photographer

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People who are contemplating a marriage breakup are managing countless issues, fears and feelings – fears about their financial future and loss of their family, worries about their children, potential harm to their reputation and social standing, and concerns about protracted and expensive litigation. KoonsFuller lawyers know how to help their clients manage the crisis they are in and guide them through the emotional and financial landmines of a divorce.

For most clients, a divorce involves the single largest financial transaction they will make during their lifetime. Deep experience and acumen that covers real estate, corporate, tax, and other complex business issues are essential in dealing with today's marital estate. And whether the estate is complex or straightforward, KoonsFuller attorneys have the expertise and depth of experience to guide their clients through the maze of issues and

achieve an outcome that provides financial stability now and in the future.

Local roots matter, too. Now in its 40th year as a family law firm, KoonsFuller expanded into the Houston marketplace in 2013 and has built a team of seasoned legal professionals who understand the distinct challenges and opportunities of the Houston market. Most of the attorneys in KoonsFuller's Houston office have spent their entire legal careers practicing family law in Harris, Montgomery and all of the surrounding counties. Managing Shareholder Sherri Evans and Shareholder Bo Nichols have each spent the past 25 years helping family law clients in Houston and across the state. Demonstrating their dedication to their clients in every step of the process has helped them earn a reputation as tenacious, intelligent, and resourceful advocates. The clients they have represented are varied in the facts



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attorneys at
KoonsFuller Family
Law on pages 24 - 30 in
the Third Annual Top
Lawyer Portfolios

and circumstances of their cases, but they all have one thing in common: they are all seeking peace of mind.

"Most family law firms simply don't have the depth and breadth of resources that we do at KoonsFuller. The highly personalized way in which we handle our clients' cases makes an impactful difference," Evans said. "Throughout the firm we have authorities in every area of the law that affects families, and we utilize these resources to our clients' benefit. From forensic psychology to financial analysis to technology to handling appeals, KoonsFuller designs the right team that will best serve the needs of each unique client and case.

"KoonsFuller is the largest family law practice in the Southwest," says KoonsFuller CEO Ike Vanden Eykel. "When we chose to open an office in Houston, we sought Houston-based lawyers who had a similar client-service ethic and family law expertise. Being personally and professionally embedded in Houston area communities gives us an understanding of how to get things done. This, combined with our talented team of professionals, enables us to provide the first-rate service that our clients deserve."

If uniquely tailored service and proven experience are what you demand, there is no team better to represent your interests in Harris, Montgomery and surrounding counties than KoonsFuller's family law team. Regardless of the size, scope, or complexity of your case, you can trust that every resource is available to you, and that this outstanding team will become your trusted team from the moment you step through the door.



Team PLAYER

Jay Willett, owner of Diamonds in the Rough, is using his passion for sports to support charities big and small.

Jay Willett describes the day that he was fired from his corporate job as the best day of his life. A lifelong lover of sports, he spent much of his career working in the golfing apparel and equipment industry throughout South Texas. While he loved his work, he knew he had a calling to do something even bigger. Instead of retiring, Willett found a way to combine his passion for sports and memorabilia with his desire to help others. From that intersection, The Woodlands-based Diamonds in the Rough was born.

Diamonds in the Rough operates under one main guiding principle - they work to ensure that the organizations profit, not the companies. Together with his team, Willett coordinates signings with top professional local and national athletes where they authenticate all signatures and memorabilia. Through partnerships with local charities, they are then able to auction off the amazing items to raise funds for those in need.

"We only work with non-profits," Willett said. "There isn't anyone that we won't help. It doesn't matter how small the organization is, or what their fundraising goal is, we just want to help them. There is no cost to them, and they are able to bring quality silent auction items that they're proud to present to donors, and that donors are proud to take home. Everyone always assumes there must

be a catch, but the truth is that I believe if you do the right thing, it will come back to you. That's why we do it."

Willett has worked with athletes from Joe Montana to Jose Altuve. His approach to the signings is much the same as his approach to business. Working with athletes that are not only outstanding at what they do, but are also outstanding people elevates the experience for Willett and his team, the non-profits they support, and the people who are bidding on the items.

"We have the unique ability to help people feel good about helping others," Willett said. "Part of the reason we choose to only work with athletes who are authentic and have giving hearts is so that we are able to truly tell organizations and bidders who these athletes are as people. When you're buying signed memorabilia, you naturally want to know something personal about that athlete. When people ask us 'what is Deshaun Watson like,' or 'what is Jose Altuve like,' we're able to truthfully tell them that they are wonderful guys."

Diamonds in the Rough started with a goal of raising \$1 million for charity. Today, they have raised that goal to \$25 million. In 2017 the team helped roughly 600 charities and fundraisers reach their goal. This year they're on track to do more than 700. Willett and his team are beacons of light, showing that any passion can be used to create more good in the world.





WHOSE HOUSE

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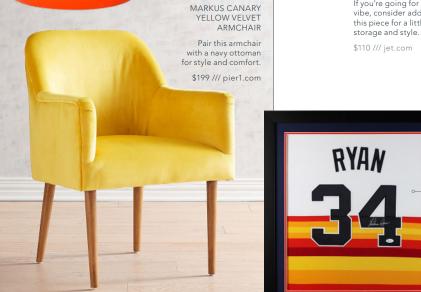
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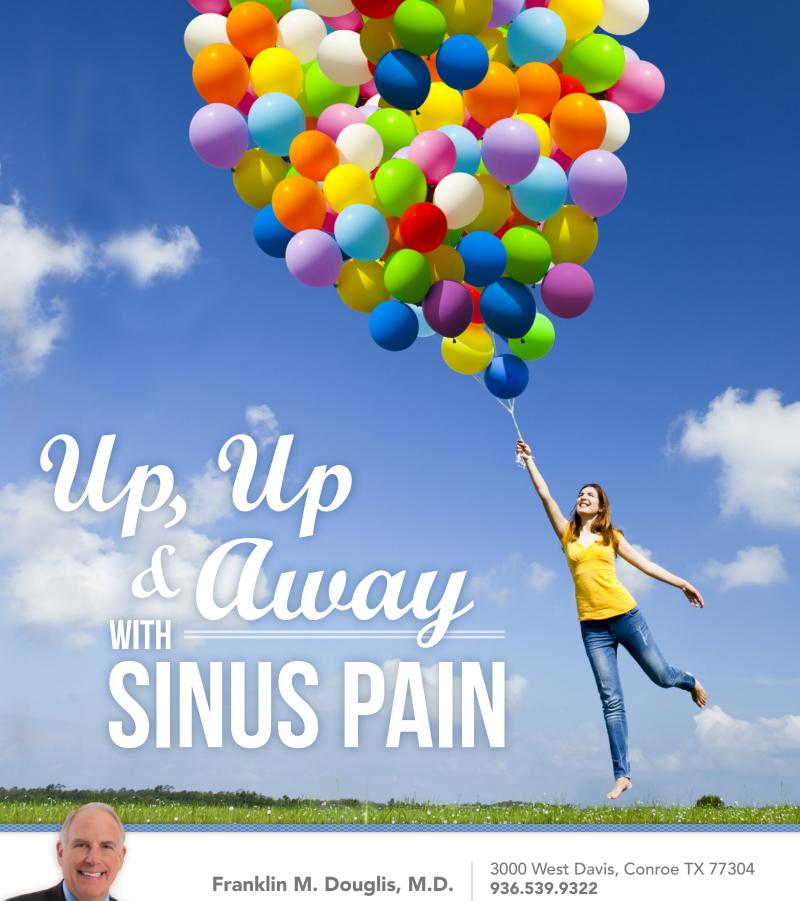
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Pictured from left: Jack Stephens, DDS, Chris Pagano, DDS,



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\$289 /// grandinroad.com



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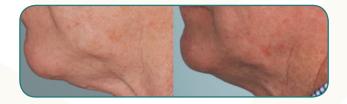
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HOUSTON HISTORY

Take a look back at the historic moments in Houston sports history. From our very first NFL team to 2017's momentous World Series Win.

HOUSTON HAS SEVEN PROFESSIONAL MAJOR LEAGUE TEAMS:

Houston Astros (MLB)

Houston Texans (NFL) Houston Rockets (NBA)

Houston Dynamo (MLS)

Houston SaberCats (MLR)

Houston Dash (NWSL) Scrap Yard Dawgs (NPF)

The AFL/NFL Oilers called Houston home from 1960 to 1997 before the team moved to Tennessee and became the Titans. The Oilers also provided the city with 2 AFL championships in 1960 and 1961.



The Houston Aeros

of the World Hockey Association played in Houston from 1972 to 1978 until the WHA dissolved. They also played in the American Hockey League from 1994 - 2013.

HOUSTON FANS HAVE FIVE STADIUMS TO WATCH THEIR TEAMS PLAY IN;

Minute Maid Park, Toyota Center, BBVA Compass Stadium, Houston Sports Park, and NRG Stadium

History of Champions



The Astros won the 2017 World Series for the first World Series win in franchise history.



In 2006, the Dynamo won the MLS Cup in their first year after moving from San Jose, California, and in 2007 became the first MLS franchise since 1997 to repeat a championship.



Houston has hosted three Super Bowls;

VIII, XXXVIII, and LI.

In 2017, Super Bowl LI brought in an estimated \$347M in economic impact.

Houston has also hosted the

US National Rugby team

each June since 2012 at BBVA Compass Stadium.

Houston has hosted

3 MLB All-Star games

in 1968, 1986, and 2004.

Games in the

NCAA Final Four

have been played three times in Houston, in 1971, 2011, and 2016.



Since 1971, the Bayou Bucket Classic has seen the showdown between the University of Houston Cougars and Rice University Owls.

From March to September,

the City of Houston has 550 softball teams that hit the diamonds.

From September to November,

30 football teams compete in flag football.

From November to February,

basketball season pulls 175 teams.

HOUSTON HOSTS ANNUAL SPORTING EVENTS SUCH AS

the PGA Tour's Shell Houston Open, the college football Texas Bowl, and college baseball's Houston College Classic.

























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- Honoree, Top 100: Houston Super Lawyers since 2014
- Board Certified in Family Law by the Texas Board of Legal Specialization

Sherri Evans' family law practice focuses on issues surrounding divorce, including child custody and complex property division in Greater Houston counties, including Harris, Montgomery, Fort Bend, Galveston, and Brazoria. As a native of Kingwood, Texas, and KoonsFuller's Houston Managing Shareholder, Sherri's reputation as a dynamic litigator is attributed to her extensive experience litigating complex property cases related to divorce. She is Board Certified in Family Law by the Texas Board of Legal Specialization, licensed by the Supreme Court of the State of Texas, and admitted to practice before the U.S. Supreme Court, U.S. Court of Appeals for the Fifth Circuit, and the U.S. District Courts for the Southern and Eastern Districts of Texas.

Since 2012, Sherri has been recognized among *The Best Lawyers in America*® in family law. Thomson Reuters has selected Sherri to Super Lawyer® several lists throughout her career as a divorce attorney, including Texas Super Lawyers since 2008; Top 50: Women Texas Super Lawyers since 2014; Top 100: Houston Super Lawyers since 2014; and Top 100 Texas Super Lawyers since 2017.

She is a frequent speaker and author in several subject areas, such as taxation, complex property, marital fraud, electronic evidence, stock options, business entities, tracing separate property, and business valuation issues. As a member of numerous organizations, Sherri is currently a fellow of the International Academy of Matrimonial Lawyers and the American Academy of Matrimonial Lawyers, and she serves as the chair of the National Family Law Trial Institute. Additionally, she has held several leadership roles, including serving as chair of the Family Law Council of the State Bar of Texas and president of the Gulf Coast Family Law Specialists.

Sherri attended The University of Texas at Austin where she earned her B.B.A. in Finance, which lead to her employment as a financial analyst prior to law school. In 1992, she graduated with a J.D. from Tulane Law School.



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- Senior Faculty, Houston Family Law Trial Institute

For more than 20 years, Houston divorce attorney John "Bo" Nichols has practiced family law, including divorce, child custody, and property division cases. As a native Houstonian, Bo's name precedes him in the courtroom. Well respected by peers and held to the utmost trust by his clients, Bo is one of the AV Preeminent® family law attorneys locally, statewide, and nationally as recognized by Martindale-Hubbell® Peer Review Ratings™.* To add to his repertoire, Bo is Board Certified in Family Law by the Texas Board of Legal Specialization and admitted to practice before the U.S. Supreme Court, U.S. Court of Appeals for the Fifth Circuit, and the U.S. District Court for the Southern District of Texas.

Since 2009, Bo has been recognized by Woodward/White, Inc. as one of The Best Lawyers in America® in family law. Additionally, Thomson Reuters has selected him to Texas Super Lawyers since 2005.

Bo holds the prestigious position of Senior Faculty Member at the National Family Law Trial Institute, a peer educational organization well known for its rigorous program dedicated to honing the trial skills of divorce lawyers from all over the United States. He is also a member of several organizations and is a fellow of the International Academy of Matrimonial Lawyers, the American Academy of Matrimonial Lawyers, the Texas Academy of Family Law Specialists, and the Gulf Coast Family Law Specialists.

With that said, if asked what Bo believed to be his greatest accomplishment, without hesitation he would say—"My three daughters!"

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- Nominated, Child Advocate of the Year by American Bar Association
- Nominated, Child Advocate of the Year by Houston Bar Association
- Board Certified in Family Law by the Texas Board of Legal Specialization

Family law attorney Patrick Upton assists clients with all aspects of divorce, including child custody, child support, complex property division, and prenuptial and postnuptial agreements in Greater Houston counties, including Harris, Montgomery, Fort Bend, Galveston, and Brazoria. He also has extensive experience with adoption proceedings, including stepparent adoption, international adoption, state adoption, infant adoption, same-sex adoption, and relative adoption. Patrick was judicially nominated for the American Bar Association's Child Advocate of the Year as well as the Houston Bar Association's Child Advocate of the Year. He is board certified in family law by the Texas Board of Legal Specialization and is known for his successes in trying contentious custody and complex property cases before judges throughout Texas.

Patrick is a native of Houston, Texas, where he attended St. Thomas Episcopal, Lanier Middle, and Bellaire High Schools. He received his B.B.A. from Texas A&M and had a successful 'first' career as a financial analyst at IBM. After earning his J.D. from St. Mary's University College of Law in 2007, he worked for Revenew International as General Counsel. Patrick later opened his own law firm, making a name for himself representing children in abuse, neglect, and high conflict custody cases. His experience as a courtappointed ad litem and amicus for abused and neglected children, and children caught in difficult custody cases, gives him a unique perspective on how the courts might handle those and similar cases.

Beginning in 2017, he has been recognized among *The Best Lawyers in America*[©] in family law by Woodward/White, Inc. In 2017 and 2018, Patrick was also selected to the Texas Rising Stars list by Thomson Reuters.



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Taylor Imel

Associate

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- Honoree, Texas Rising Stars by Thomson Reuters in 2018
- Board Certified in Family Law by the Texas Board of Legal Specialization

Houston divorce attorney Taylor Imel's practice focuses on complex property and highly contentious custody cases in Harris, Fort Bend, Montgomery, Galveston, and Brazoria counties. Additionally, she has a wide range of experience related to drafting unique/tailored divorce provisions in Buy-Sell Agreements, including formulas for valuation of the corresponding entity, with "belt-and-suspenders" to premarital and/or post-marital agreements. Taylor believes these types of agreements create a form of "divorce insurance" – insuring and giving peace-of-mind not only to the client but also to the corresponding entity, new shareholders, or even investors from the instability that can often arise during a divorce.

Taylor is Board Certified in Family Law by the Texas Board of Legal Specialization, and she is a frequent speaker and author.

Taylor has been recognized among Houston's Top Lawyers by H-Texas Magazine since 2015. She is also a 2018 honoree of Texas Rising Stars by Thomson Reuters, which consists of no more than 2.5% of the attorneys in the State of Texas in over 70 practice areas.

Among Taylor's many publications, she co-authored "Everything You Need to Know or Do if There is an Entity or Trust in Your Divorce Case", which was presented at the Texas Bar CLE Marriage Dissolution Institute in 2016.

Taylor attended Wake Forest University in Winston Salem, North Carolina, on a full athletic scholarship where she played on the Women's Varsity Soccer Team. In Spring 2007, she studied abroad at la Universidad de Salamanca in Salamanca, Spain before earning her B.A. in Spanish and Communication in May 2007. Taylor graduated as a Dean's Scholarship Recipient from Southern Methodist University Dedman School of Law in May 2010.

Taylor is a member of several organizations including the College of the State Bar of Texas, the State Bar of Texas – Family Law Section, the Houston Bar Association – Family Law Section, and the Texas Academy of Family Law Specialists.



Jennifer Varadi Associate

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- Certified Mediator
- Graduated cum laude from South Texas College of Law

Houston divorce attorney Jennifer Varadi's family law practice focuses on divorce, child custody, child support, complex property division, and the mediation process in Greater Houston counties, including Harris, Montgomery, Fort Bend, Brazoria, and Galveston. As a certified and experienced mediator, she has seen the advantages of bringing people together to solve problems, in a creative manner, personalized to the specific family in the midst of litigation. Although she believes litigation is a valuable resource, Jennifer knows that there is more than one way to litigate a case, and that does not always require stepping inside a courtroom.

Jennifer understands that divorce is never an easy process, whether someone has been married one year or 30. She takes pride in building connections with people and is an attorney her clients can trust, not just to represent them in court but in tackling and working through the impromptu day-to-day issues that may arise.

She received her B.A. in Sociology, with a minor in Government, from The University of Texas at Austin. In 2014, she graduated *cum laude* from South Texas College of Law in Houston.

Jennifer is a member of the Texas State Bar, Houston Bar Association, Texas Young Lawyers Association, and Houston Young Lawyers Association.



Jordan Turk Associate

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Houston divorce attorney Jordan Turk's family law practice focuses on complex property division, child custody, child support, and premarital agreements in Greater Houston counties, including Harris, Montgomery, Fort Bend, Galveston, and Brazoria. She is also experienced in drafting uncontested divorce agreements, modifications, and suit affecting the parent-child relationship (SAPCR) cases. Although timing and the extent of a divorce is heavily dependent on the other party, Jordan's goal is to provide clients with a simple divorce and a quick divorce, when possible.

Jordan understands that divorce is one of the most stressful, chaotic, and heartbreaking times in people's lives, and she is honored to be able to lead them through this process and get them to the other side. Divorce touches every person in America, either directly or indirectly, and she wants her clients to know that they are not alone during this proceeding. If you can get through this, you can get through anything.

She received her B.A. in classics, history, and religious studies, with a minor in Ancient Greek, from The University of Texas at Austin. Jordan graduated on the Dean's List from University of Arkansas School of Law where she was a recipient of the Henry Warten Scholarship, Arkansas Association of Women Lawyers Scholarship, and the John J. Cravens Memorial Scholarship.

Jordan is a member of the Texas State Bar, Houston Bar Association, Houston Young Lawyers Association, Fort Bend County Bar Association, and the American Bar Association.



Serena E. Hudson Associate

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- Varsity Moot Court Member at South Texas College of Law
- Travelled across the country to participate in Moot Court Competitions
- Gained experience in advocacy, legal writing, and litigation

A native Houstonian, family law attorney Serena E. Hudson assists clients with divorce, child custody, child support, and prenuptials and postnuptial agreements among other family law related matters. Her practice encompasses Greater Houston counties, including Harris, Montgomery, Fort Bend, Galveston, and Brazoria.

She earned a B.F.A. in Studio Art at The University of Texas at Austin before receiving her J.D. from the South Texas College of Law Houston in December 2017. During her time at South Texas College of Law Houston, Serena was selected to be a part of the school's prestigious Varsity Moot Court team, where she travelled across the country, participating in national Moot Court Competitions, and worked on advocacy, legal writing, and litigation.

Serena was drawn to law through an interest in expanding her knowledge in the legal aspects of fine art. Before joining KoonsFuller she worked as a law clerk at various firms and institutions practicing in legal areas pertaining to family law, mass-tort litigation, and fine arts litigation.

She is thrilled to be a part of the KoonsFuller team because of the strong reputation that the firm has built in Houston and throughout the Southwest. Serena is proud to join the legacy of compassionate, steadfast client representation that KoonsFuller Houston is known for.

Apart from her professional career, Serena serves her community of Houston as a member of the Houston Young Lawyers Association.

Serena is a life-long competitive swimmer, and enjoys spending time with family and friends outside of the office.



RAPP & KROCK, P.C.

Bradley W. Rapp

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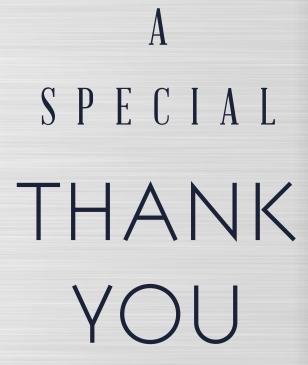
p: (713) 759-9977 info@RappAndKrock.com

www.rappandkrock.com

Bradley W. Rapp concentrates his practice in business law, including transactions, operational and governance issues, real estate, and tax law. His practice includes general business matters; formation and financing of business ventures; entity choices and formation considerations for business entities; negotiating, documenting, and closing equity and asset acquisitions, mergers, and consolidations; business contract drafting, negotiations, and review; real estate sales, acquisitions, and foreclosures (judicial and non-judicial); negotiation and drafting of commercial and residential leases; commercial and residential loan documents for lending institutions; and tax planning for businesses and their owners, including asset protection and estate planning.

Mr. Rapp is a native of El Campo, Texas. He received his Juris Doctorate degree from Hamline University School of Law in St. Paul, Minnesota in 1993. He received his Bachelor of Business Administration (Accounting) and Bachelor of Science (Political Science) from Texas A&M University at College Station, Texas in 1989. Mr. Rapp is a member of the American Bar Association and the State Bar of Texas, and is admitted to practice before the Texas State Courts and the United States Tax Court.

Rapp & Krock, P.C. is a law firm focused on business matters. The attorneys at the firm handle both transactional and commercial litigation matters for its clients. Your business is their business.



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TAKE ME ()ut

Ballpark favorites that make summer more fun.

Spicy Grilled Turkey Burger with Coleslaw

Turkey Burgers

1½ pounds ground turkey (white meat, dark meat, or a mixture)

½ cup fresh bread crumbs

3 tablespoons mayonnaise

2 tablespoons chopped fresh chives

1 tablespoon Worcestershire sauce

1½ to 3 teaspoons of hot chile sauce such as Tabasco or Tabasco Chipotle sauce

2 green onions (white and green parts), minced

4 fresh basil leaves, thinly sliced

1 teaspoon sea salt, or more to taste

½ teaspoon freshly ground pepper, or more to taste

4 hamburger buns, lightly toasted sweet pickle slices

1 tomato, cored and sliced

Coleslaw

2 cups shredded cabbage

1 cup loosely packed arugula, watercress, or substitute another cup of shredded cabbage

10 basil leaves, thinly sliced

½ cup of mayonnaise

1 tablespoon apple cider vinegar

1 teaspoon sugar

2 teaspoons Dijon mustard

½ teaspoon crushed red pepper flakes salt and freshly ground pepper to taste



- Prepare your grill (either gas or charcoal) for direct high heat. You can also cook the burgers on the stove-top on a griddle or in a cast iron frying pan.
- In a large bowl, gently combine the turkey meat, breadcrumbs, chives, basil, green onions, mayonnaise, Worcestershire sauce, chili sauce, salt and pepper. Work the mixture with your hands until it is just mixed. Don't over mix or your burgers will end up tough. Form four patties, about 1-inch thick.
- Sprinkle the patties with salt and pepper. Grill them for 5-7 minutes on each side until the internal temperature of the patties reach 165°F on a meat thermometer. Turkey burgers should be cooked through, not rare. When the burgers are nearly cooked, place buns on the grill to toast for about a minute. Remove the burgers from the grill to a platter, cover and let rest for 5 minutes.
- 4. Whisk the mayonnaise, vinegar, mustard, sugar, and red pepper flakes together in a small bowl. Add to the cabbage, arugula, and basil in a larger bowl right before serving.
- Assemble the burgers by placing each burger on a bottom bun, and stacking a tomato slice, pickles, and a bit of coleslaw on top, and then finish with the top bun.





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Movie Theater Nachos Spiral-Cut Hot Dogs

Nacho Sauce

5 ounces shredded sharp cheddar cheese

- 1 tablespoon cornstarch
- 1 cup whole milk

To Assemble

4 grilled spiral-cut hot dogs 4 hot dog buns, split tortilla chips pickled jalapeños

- Put the cheese, cornstarch, and milk in a small, heavy saucepan over low heat.
- Stir constantly with a whisk until the cheese is melted and the sauce has thickened.
- Place the grilled hot dogs in the buns.
- Stick tortilla chips along both sides of the dogs, pour over the nacho cheese sauce, and sprinkle with slices of pickled jalapeños.



- 1 Vidalia onion, sliced thinly
- 1 red pepper, sliced thinly
- 1 orange pepper, sliced thinly
- 1 yellow pepper, sliced thinly
- 1 green pepper, sliced thinly
- 1 package Ball Park Franks 1 package hot dog buns
- Preheat the grill to medium-heat on one side, and low heat on the other side.
- Place onions and peppers on the mediumheat side of the grill and cook until soft and slightly charred; move over to the low-heat side. Alternatively, you can grill them whole first before chopping, or you can place them on a rimmed cookie sheet with a bit of olive oil over top of them to control the heat better. This also allows you to cut up all the vegetables ahead of time and cook them all on one pan.
- Place hot dogs on the medium heat side of the grill. Heat until cooked through, rotating when necessary. Cook for about 8-12 minutes, depending on your grill. Move each to the low side as they finish.
- Transfer everything to a platter and take inside, or place on picnic table. Slide the hot dogs into the buns then top with onions and peppers.

Cachorro Quente (Brazilian Hot Dog)

1 pound ground beef salt and pepper, to taste ¼ teaspoon ground cumin 8 hot dog links 2 tablespoons vegetable oil 1 medium onion, finely chopped 1 green bell pepper, finely chopped 3 cloves garlic, minced
2 tablespoons tomato paste
2 cups beef broth
1 teaspoon dried thyme
juice of ½ lime
8 hot dog buns or French rolls
2 cups shredded Mozzarella

Additional toppings

ketchup, mustard, mayonnaise, corn, peas, shoestring fries, mashed potatoes, lettuce, olives, grated carrots, bacon bits, tomato and parsley vinaigrette, Catupiry cheese and/or Parmesan



- 1. In a medium bowl, mix ground beef with salt, pepper and cumin.
- 2. Make a lengthwise slice along the top of each hot dog no more than halfway through the link. Place in a large saucepan and add enough water to cover. Bring to a boil, then remove from heat. Keep in water until they have doubled in size.
- 3. In a large pan, drizzle oil over medium-high heat. Add the onion and bell pepper. Cook, stirring often, until they begin to soften and the onion becomes translucent. Add the garlic and cook just until fragrant, about 30 seconds. Stir in the ground beef. Once browned, mix in the tomato paste, broth and thyme. Bring to a boil then reduce heat to medium-low. Cover partially and let simmer for 10 minutes, stirring occasionally. Remove from heat. Add the lime juice and cover to keep warm until ready to assemble the hot dogs.
- 4. Place a cooked hot dog link in each bun. Top with 2-4 tablespoons of the beef mixture, then shredded cheese. Add additional toppings if desired. Serve immediately.



Cheesy Nacho Bake

1 pound lean ground beef
1 can (14.5 ounces) diced tomatoes, undrained
¼ cup water
1 package (1 ounce) Taco Seasoning Mix
¾ cup sour cream, divided
7 cups tortilla chips
1½ cups shredded mild cheddar cheese
1 green onion, sliced

- Heat oven to 350°F.
- Brown meat in large skillet; drain. Return meat to skillet. Add tomatoes, water and seasoning mix; stir. Cook 10 minutes, stirring occasionally. Stir in ¼ cup sour cream.
- Place half the chips into 13x9-inch baking dish. Cover with layers of half each of the meat mixture and cheese. Repeat layers.
- 4. Bake 20 minutes or until heated through. Top with onions and remaining sour cream.



Homemade French Fries

- 4-5 medium potatoes cut in strips
- 2 tablespoon extra virgin olive oil
- 1 teaspoon Italian seasoning
- 2 teaspoons garlic salt
- ½ teaspoon ground black pepper
- 1 teaspoon paprika (optional)
- Wash and dry 5 medium potatoes. Use a sharp knife to cut potatoes into long thin strips. Place potato strips into a medium bowl, add cold water just to cover the potatoes and let stand for 20 minutes. This step will help to get rid of some of the potato starch and your fries will turn out
- Drain potatoes, place them on a clean kitchen towel, and let them dry.
- Put the potatoes back into the bowl, add olive oil, Italian seasoning, garlic salt, black pepper, and paprika (if using). Toss gently with a spoon, trying not to break the potato strips.
- Line a baking sheet with parchment paper and line seasoned potato strips on the sheet in a single layer.
- Bake at 425°F for 30-40 minutes, depending on the thickness of your fries.
- As soon as the potato strips start browning on the edges and become crispy on the outside and soft inside, your fries are ready. Take them out of the oven, and serve hot!



Fries

2 medium Japanese sweet potatoes, scrubbed and cut into ½-inch thick matchsticks

3 tablespoons sunflower oil (or other neutral vegetable oil)

1 teaspoon brown sesame seeds

1 teaspoon black sesame seeds

% teaspoon fine sea salt

a few pinches togarashi or cayenne powder (optional - for spiciness)

3 nori crisps (such as Gimme brand, 2"x3" each), slivered

dark green part of 1-2 scallions, slivered

Aioli

2 tablespoons good mayonnaise (such as Spectrum Olive Oil)

½ teaspoon wasabi paste, to taste lemon juice

- Position a rack in the upper third of the oven and preheat
- Place the sweet potato matchsticks on a large, rimmed baking sheet and sprinkle with oil, sesame seeds and salt, tossing well to coat. Spread in a single layer and bake 10-15 minutes until golden on the bottom—they should release from the pan fairly easily using a thin metal spatula once they've developed some color. Flip the slices over and cook until golden all over, 5-10 more minutes. Sprinkle with a bit of togarashi if using (a little goes a long way!), and the slivered nori and scallion.
- Meanwhile, make the aioli by stirring together the mayonnaise, wasabiv and lemon juice, adding more wasabi to taste if you like.
- Serve the fries hot with the aioli for dipping.



Candied Peanuts

2 cups raw or roasted (unsalted) peanuts 1 cup sugar 1/3 cup water a sprinkle of coarse sea salt, or smoked salt optional: ground cinnamon or chili powder

- In a wide, heavy-duty skillet, mix the peanuts with the sugar and water. Cook the ingredients over moderate heat, stirring frequently, until the liquid seizes up. It will take a few minutes.
- At this point, the peanuts will get crusty and the sugar will crystallize.
- The peanuts will become dry and sandy, which is perfectly normal. Lower the heat and keep going, scraping up any syrup collecting in the bottom of the pan and stir the peanuts in it, coating them as much as possible.
- As you go, tilt the pan, removing it from the heat from time-to-time to regulate the heat and the syrup so you can coat the nuts with the liquid as it darkens without burning the peanuts or the syrup. This is the only tricky part. If the mixture starts to smoke, remove it from the heat and stir.
- Right before they're done, sprinkle the peanuts with a sizable pinch of flaky salt (and pinch of cinnamon or chili powder if preferred). Stir them a couple of times, then tilt the peanuts out onto a baking sheet or a marble countertop.
- Let the peanuts cool completely, then break up any clumps. Store in an airtight container, where they'll keep up to a week.



Homemade Cracker Jack

4 cups of popped popcorn, plain ½ cup of honey % cup of molasses 1 cup of peanuts, plain

- In a large bowl place popcorn and peanuts
- In a saucepan heat the honey and molasses together on low heat
- Pour mixture over the popcorn and stir until well combined
- Enjoy

acqualina shines in sunny florida

Story by Linda Bauer, author of Capitol Hill Cooks Photos by Steve Bauer, author of At Ease in the White House

Sunny Isles Beach in Southern Florida is located between Ft. Lauderdale and Miami, a perfect position for a pre or post cruise stay to extend your holiday or to enjoy an entire week of sun. The ultimate destination is the amazingly beautiful Acqualina Resort and Spa on the Beach. This award winning world's finest residences at the world's finest resort has claimed the coveted 2017 Forbes Five Star Award for four consecutive years and the AAA Five Diamond Award for seven such years. Andrew Harper has announced that it won the Reader's Choice Award as the number one family resort in the world, and trip advisor bestowed the coveted "top luxury beachfront hotel in the continental United States." I heartily concur.

From the moment one arrives at the Acqualina, the breathtaking two residential towers adorn the sky adjacent to the amenity villa. The staff greets you as if you are an old friend. The house car, a red Rolls Royce, is iconic amid a collection of over forty of them in the parking lot of every shade owned by residents. In fact the parking portico reminded me of a Barrett Jackson Auto Show with Ferraris, Lamborghinis, Porsches and such filling out the lots.

The lobby, designed by Karl Lagerfeld incorporates historic architecture reminiscent of the Breakers with contemporary touches such as art and masterpieces of stone to highlight and excite the experience. Karl said, "The lobby is very important because this is where people can socialize. It's like a common living room... the first impression you get when you come to visit people."

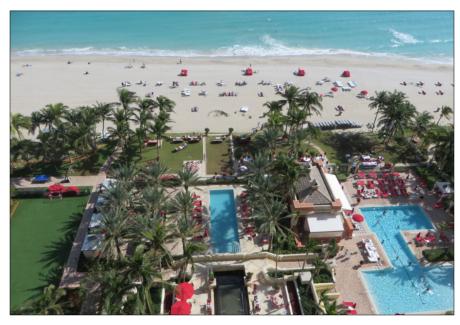
Christof Pignet, the General Manager, looks like he was cast by Hollywood as the quintessential host for the best and brightest towers in the world. He simply exudes charm and concern for his residents and guests. The entire staff knows your name in minutes and attends to every wish. This must stem from the owners, the Trumps from South Africa, but no relation to our President, although they are friends and their properties are adjacent on Sunny Isles.

The penthouse utilizes the very best furnishings and views on the Florida coast and overlooks the three oceanfront swimming pools. The immense oceanfront gardens with red awnings, scarlet beach umbrellas and lounges punctuate the beige sand and agua sea. Sitting on the balcony and watching the dazzling array of colors and beauty is one of my favorite memories of the Acqualina. The one bedroom

> residence offers the finest appliances with full kitchens, lovely living rooms with huge televisions, amazing bedrooms and baths, walk-in closets and a fine office and sleeping extra room. The most difficult thing is to leave that balcony and go downstairs to dine or swim in the heated pools.

Sunday Brunch at the AQ Chop House by Il Mulino of New York offers the best of all seafood, carving stations, pasta and omelets with live music. The day I was there the Executive Chef from the Big Apple was on hand to personally greet guests and perfect his amazing truffle pasta dish and his delectable gnocchis. What a memorable time for all the diners, and the stunning ocean views from the patio made for a truly great time.

Il Mulino of New York serves lunch



and dinner daily in their restaurant just steps from the lobby. Costa Grill is an oceanfront spot to try gourmet cuisine while unwinding on the beach or simply sipping cocktails at sunset. The salads and burgers are superb and the coconut drinks are sassy, fun and festive. Kosher to Go is also an option with fabulous gelato and tasty sandwiches and snacks.

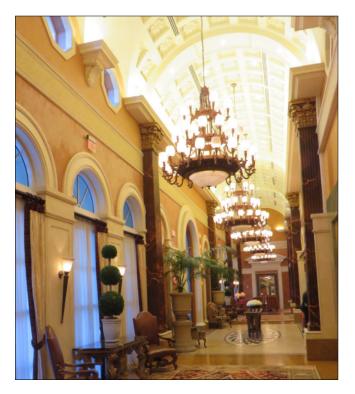
Acquamarine is the Children's Program for those five to twelve featuring innovative marine biology-based fun on a complimentary basis, so kids can play and learn. Also there is a soccer field of grass on the beach, so kids are happy while parents can spend some alone time in the adult only pool.

The Acqualina Spa is the first one in Florida to incorporate Himalayan salt walls in their relaxation lounges. The effect enables one to improve mood and detoxify with the eightyfour trace minerals plus increase vitality and energy by reducing electromagnetic pollution and creating a sense of calm and well being. Spa day passes may be purchased or on the day of your treatment arrive early and enjoy the Finnish dry saunas, crystal steam rooms, rain showers and the ultimate and intimate outdoor swimming pool and tiled Roman waterfall in the heated jet pool. They also offer a Hair Salon by Voi for guests to enjoy.

My treatment was an exclusive Himalayan Salt Stone Massage by a wonderful professional, who was worth her weight in gold. The unique stones are soothing, yet a bit rough to make your skin feel absolutely fantastic. The ESPA products are a signature of the Acqualina and exclusive to them in all of the United States, and not only sold at the spa, but also are in each room for the guests to enjoy and be pampered.

If you want to live the good life - contact www. estatesatacquilina.com to become a resident in one of the new towers at the Estates at Acqualina. The new towers which will just be breaking ground this year will include a Formula One simulator, FlowRider surfing simulator, Disco - speakeasy, golf simulator, ice-skating rink, four bowling lanes, a zero entry infinity pool, sculpture gardens, gazebos, a dog park, bocce court, half court basketball court, Wall Street trading room, wine lounge, children's play area, teen game area, salt spa, beach bars and restaurants. You can turn this ultimate vacation into a lifestyle by enjoying perfection every day of the week.









SEAT STEALER

Your guide to the best seat in the house.



Photo: wikimedia



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OUR PICKS:

If you want to get up close and personal with the players, go for seats in Section 124, 125, or 126 that will put you right in front of the dugout.

For unbeatable views, head for the Diamond Club, which is located just behind home plate.

For a day game, choose a seat in the shade - on early afternoon games choose back rows in Sections 205-236, and for late afternoon games choose any of the Club Level seating options.

SEASON DATES: MARCH - SEPTEMBER

MASCOT: ORBIT

mlb.com/astros



QUICK STATS:

SEATING:

TOTAL - 41,000 Diamond Club - 331 Insperity - 167 Lexus Club - 100 Dugout - 6,322 Field Boxes - 9,392 Crawford Boxes - 681 Bullpen Boxes - 2,236 Club Level - 4,798 Mezzanine - 2.334 Suite Level - 880

Terrace Deck - 3,254 Upper Deck (View Deck I & View Deck II) - 7,547

Outfield Deck - 2,949

Gross Square Footage - 28.97 acres Total Square Footage - 1,263,240 square feet Building Height - 93 feet

DISTANCES FROM PLATE:

Left field - 315 feet

Left-center - 362 feet Center field - 409 feet Right-center - 373 feet Right field - 326 feet Height of wall: Left field - 19 feet Left-center - 25 feet Center field - 10 feet Deepest point - 10 feet Right-center - 10 feet Right field - 7 feet Batter's Eye - 40ft x 80ft

mlb.com



IT'S TIME TO MAKE WATER AFFORDABLE AGAIN!

In Montgomery County, water rates are affected by decisions of the Lone Star Groundwater Conservation District (LSGCD). Mismanagement has led to a nearly two-fold increase in water rates in recent years.





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√ Fiscal responsibility?

✓ Transparency?

✓ Accountability to the voters?

THE SOLUTION

On November 6, 2018, join us in Making Water Affordable Again by voting to elect our own LSGCD representatives.

This is our opportunity to lower Montgomery County's out-of-control water rates and manage the LSGCD in a fiscally responsible, transparent and accountable way. It's time Montgomery County residents who pay the bills are represented by a board of their elected peers.



ADD YOUR NAME TO THE PETITION TO SUPPORT AFFORDABLE WATER

RestoreAffordableWater.com/Petition









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SEASON DATES: SEPTEMBER - DECEMBER

MASCOT: TORO

houstontexans.com





Photo: fathead.com

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SEATING CAPACITY 72,220

RETRACTABLE ROOF FACTS

Size of roof opening -500' L x 385' W

Size of supertruss - 960' L and

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Opening time - 7 minutes

Construction material - steel with

fabric covering

SUITES

200 Level - 78 suites

300 Level - 12 suites

400 Level - 88 suites

800 Level - 19 suites

Total - 197 suites

nrgpark.com



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These Tory Burch patent sandals are a great go-to shoe due to their simplicity and comfort.

\$198 /// neimanmarcus.com



#NEVERSETTLE





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Surgical procedure provided by Houston Methodist Willowbrook Hospital offers potentially permanent solution for heartburn and acid reflux





Many people with heartburn, gastroesophageal reflux disease (GERD) and acid reflux can reverse their symptoms with changes in lifestyle and diet or with medication. For some, those changes alone may not bring relief to their symptoms.

Houston Methodist Willowbrook Hospital now offers an outpatient laparoscopic procedure called the LINX® Reflux Management System to permanently address acid reflux. Recent studies have also shown that long term use of proton pump inhibitors to treat reflux may be harmful—this procedure can eliminate the need for those medications.

Since 2017, Dr. Jorge Leiva, general surgery specialist at Houston Methodist Willowbrook, has been using the LINX laparoscopic procedure for patients as an alternative to traditional types of surgical intervention in the treatment of GERD. The procedure involves the placement of a ring of small magnetized titanium beads that wraps around the base of the esophagus. The magnetic beads help prevent gastric acids from pushing up into the esophagus, which causes heartburn.

The procedure typically takes 45 minutes to one hour to complete and a one- to two-night stay in the hospital for recovery. According to Leiva, about 95 percent of patients who undergo the surgery experience a complete resolution of GERD symptoms and no longer require medication. Patients also experience fewer side effects, and they can eat a normal diet after surgery.

About Houston Methodist Willowbrook Hospital

Houston Methodist Willowbrook Hospital is a 312 bed, not-for-profit, faith-based hospital, which is part of Houston Methodist. The hospital has expanded in Northwest Houston to serve the comprehensive health care needs of the growing community. Houston Methodist Willowbrook Hospital has been named a Magnet recognized health care facility by the American Nurses Credentialing Center's (ANCC) Magnet Recognition Program®.

Houston Methodist Willowbrook is ranked No. 5 in the Houston metro area and No. 12 in Texas by U.S. News & World Report as a "Best Hospital" in 2017. Houston Methodist Willowbrook Hospital specializes in cardiology and cardiovascular services, neurology, neurosurgery, orthopedics and sports medicine, and comprehensive cancer services. Houston Methodist Willowbrook Hospital has a Breast Care Center, Cancer Center, Imaging Center, Infusion Center, Sleep Center, and Surgical Weight Loss Center and operates a Childbirth Center with a Level III Neonatal Intensive Care Unit.

For more information about the comprehensive services available on the Houston Methodist Willowbrook campus and to learn about upcoming events, please visit houstonmethodist.org/willowbrook. To find a physician, call 281.737.2500.

"Placement of the ring does not involve significant alterations to the anatomy," said Leiva. "It's a well-tolerated procedure with fewer side effects than traditional surgical interventions. Patients can eat a normal diet after surgery."

Lucian Popescu, a Houston-based engineer, suffered from chronic heartburn for years before he went to Leiva. "I had a heartburn condition for many years, and then around 2003, I experienced it on a permanent basis. No matter what I did, I still had heartburn," said Popescu. "I've finally found a solution with Dr. Leiva's approach. I am so impressed with how it addresses the root cause of the condition that I have." Leiva performed the procedure on Popescu and expects he will have the device for the rest of his life. "Popescu was suffering from reflux even while he was taking the proton pump inhibitors. I'm pleased to see he's doing very well post-surgery," said Leiva. "I don't have heartburn anymore," said Popescu. "I'm just a normal person without restricting myself like I did when I took the proton pump inhibitors. The side effects of the surgery were mild. I expected it to be a lot more painful, but it wasn't."

Leiva says anyone at any age can be a suitable candidate for the surgery. However, he advises that prevention of GERD is still key. "Not smoking, losing weight, not wearing tight clothes, not eating big spicy meals before bed, avoiding carbonated beverages, coffee and chocolate, and avoiding going to bed right after you eat can keep away the symptoms of heartburn and acid reflux," said Leiva.

To set up an appointment with Leiva, call 713.426.2400.

For information about other GERD treatment options available at Houston Methodist Willowbrook Hospital, visit houstonmethodist.org/GERD or contact the Reflux Services team at 281.737.GERD (4373).

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THROWDOWN BURGER FEST













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2018 TASTEFEST













JULY 2018

SOCIAL CALENDAR & EVENTS

noteworthy events happening in our community this month

08

THE 4TH ANNUAL GEORGE SPRINGER ALL-STAR BOWLING BENEFIT

SUNDAY, JULY 8TH

7:00 p.m. Bowlmor Houston

2017 World Series Champion and MVP, Houston Astros outfielder George Springer, will be hosting the fourth annual all-star bowling benefit to help send children to CampSAY. The night will start with a cocktail reception, which will be followed by a fun night of bowling with fellow Astros, other professional athletes, and celebrity lane captains, which will include an open bar and dinner. In addition, there will also be a silent auction with sportsthemed items, experiences, and memorabilia. All event and auction proceeds will send children and teens in need to both the National Camp SAY program, and George Springer's MVP Camp SAY day camp in Houston. Tickets: \$300 - \$25,000 www.say.org/springer

13

DEEP IN THE HEART OF TOMBALL BBQ DINNER & DANCE

FRIDAY, JULY 13TH

6:00 p.m. - 10:00 p.m. Tomball VFW

The Yellow Rose of Texas Republican Women are hosting Deep in the Heart of Tomball BBQ Dinner and Dance with special guest Lt. Governor of Texas, Dan Patrick. There will be live music from Cool Eddie E & the crew and catered by The Original Rib Tickler. Attire is casual western. Tickets: \$44 - \$55.

tomballchamber.org

16

HOUSTON SYMPHONY THE MUSIC OF DAVID BOWIE

MONDAY, JULY 16TH

8:00 p.m. The Cynthia Woods Mitchell Pavilion

After leading popular music for over five decades, David Bowie's music will come back to life with the Houston Symphony. Tickets: free - \$20

woodlandscenter.org

18

NIALL HORAN WITH MAREN MORRIS

WEDNESDAY, JULY 18TH

7:00 p.m. The Cynthia Woods Mitchell Pavilion

Join the Irish singer and songwriter Niall Horan, former member of One Direction, on the main stage as he performs his greatest hits live. He will be joined by Texas native, American country singer and songwriter, Maren Morris. Tickets: \$29.50 - \$145

woodlandscenter.org

19

HOUSTON ZOO AFTER DARK: A SUMMER SERIES

THURSDAY, JULY 19TH

6:00 p.m. - 10:00 p.m. The Houston Zoo

Experience the zoo like never before! The Houston Zoo will be staying open afterhours to serve those 21 years and older. Adults can explore the zoo from 6 - 8, with the party beginning at 10. The theme is Goin' Country, so bring out your boots and get ready to two-step to a live band, enjoy playing some horseshoes and cornhole games, or even ride the mechanical bull!

20

BEAUTY AND THE BEAST

JULY 20TH - AUGUST 12TH

Times Vary Stageworks Theatre

Join Stageworks Theatre as they perform the international sensation and modern Broadway classic, Beauty and the Beast. Enjoy the production live as you follow the beauty, Belle, and the Beast as they try to break the curse and bring the Beast back to his former self, a young prince. Tickets: Adults \$31, Seniors/Veterans \$27, Students \$19.

stageworkshouston.org

03

TOMBALL NIGHT FRIDAY, AUGUST 3RD

5:00 p.m. - 10:00 p.m. Downtown Tomball

Come experience Tomball Night with live entertainment, kids activities, food, drinks, and shopping! Participating local businesses stay open after hours offering specials, giveaways, and door prizes. The Parade of Lights starts at 9:15 p.m. and begin by running east on Main Street. Following the parade will be a firework display to conclude the night, which will be at The Depot around 9:45 p.m.. Admission and parking is free.

tomballchamber.org

49

RUMOR

— has =

The inside scoop on the latest and greatest businesses, developments, and happenings in the North Houston area.



B. GOOD

B. GOOD is now open at 2162 Spring Stuebner Rd, Spring, where you can find "food with roots"; healthy, locally-grown food that connects the community. The menu features seasonal ingredients to ensure the freshness of the food being served, with items such as salads, smoothies, bowls, vegetarian options, burgers, chili, and soups.

bgood.com

KARMA KOLACHE

Karma Kolache has now opened its third location at 9702 Spring Cypress Road, Spring. This local doughnut shop offers freshbaked kolaches and gourmet desserts.

karmatastesgood.com



GLOWZONE

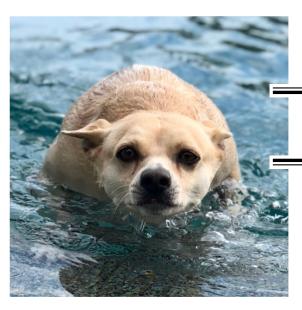
This indoor playpark is now open at 13150 Breton Ridge St., Houston. Glowzone features a ninja course, indoor glow go-karts, laser maze, bazooka ball, a skyscrapers rope course with a zipline, rock climbing and pole walk, glow mini golf, and an arcade. There are also private, themed party rooms available.

wb.glowzone.us

JINYA RAMEN BAR

The Japanese restaurant chain has now opened at 5050 FM 1960 W., Ste. 121, Houston. With its focus on ramen soup, they offer thirteen signature options, five kinds of broth, and over twenty toppings.

jinya-ramenbar.com



PET OF THE MONTH

SAMSON

Your pet could be featured in the pages of our magazine! Send your photo to dog@reviewitmagazine.com with your pet's name and SPRING/CHAMPIONS/TOMBALL PET in the subject line of the email.

GOOD LUCK!





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Pictured left to right: Dr. Clara Scott, Dr. Deborah Montgomery, Dr. Sarah Vaughan, Dr. Cynthia Rayner

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5015 FM 2920 Rd **281.288.2300**

16945 N. Eldridge Pkwy. #100 281.257.5955

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2721 FM 1463 Rd. #100 832.437.5305

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